

**TEMI Central Japan Teacher of the Year 2015**

**Lourdes Kato (Filipino)**



**Motto:** "All we are is a result of all what we have thought."

**Lourdes** is a TEMI 1st carat & 2nd carat holder & the owner of her own school.

School info:  
BEC- English School  
1403-5 Nishiyama Cho,  
Nishi-ku, Hamamatsu,  
Shizuoka Prefecture Japan.  
TEL 053-485-3226  
Email:  
[kenylou\\_3226@yahoo.com](mailto:kenylou_3226@yahoo.com)

**About teaching:**

Preparation is indispensable to me. I try to consider the varying learning abilities and attention spans of my students in order to provide different and appropriate tasks to keep everyone clear and focused.



**Lourdes's comment:**

TEMI had provided me with everything that I need concerning methods and materials for my teaching. It has provided me the avenue to grow professionally and be the best as I can.

**Helene's comment:**

Lourdes attended my first teacher-training seminar in Tokyo in 1997 at Sophia University. She has come a long way since then. She built her BEC English school on her own with passion and true grit. Her students adore her. She is a pillar of strength for Hamamatsu public schools: encouraging, training and inspiring other teachers. I am in awe of her.

